

**Step by step guide**

This guide does not replace the user manuals!

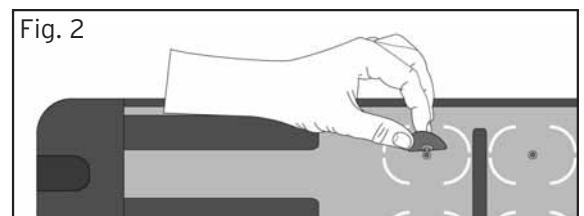
Please read the user manuals of the unit and garment before use.

1. Remove electrode pads from bag and separate.

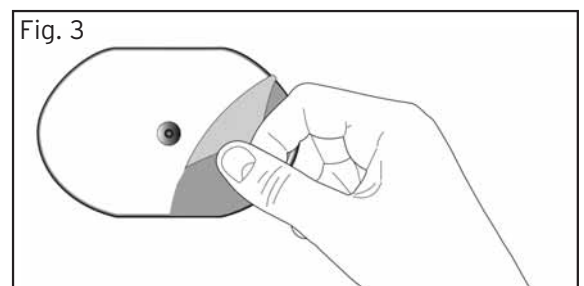
Fig. 1



2. Ensure stud covers are removed before attaching electrode pads.

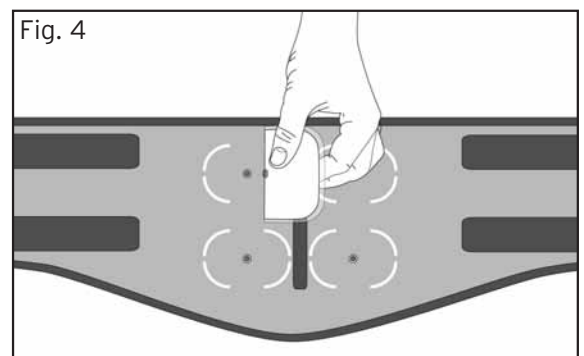


3. Remove plastic layer cover from white side of pad with stud.



4. Press pad stud into stud on garment.

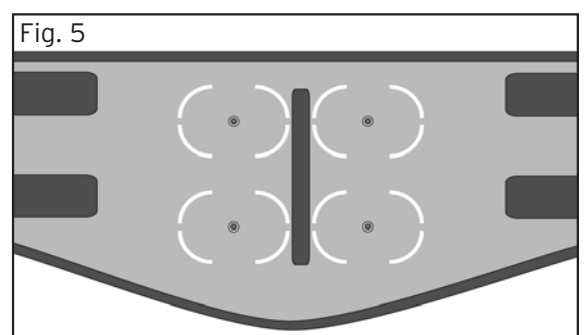
**Note:** Ensure Pelotte is removed before applying electrodes



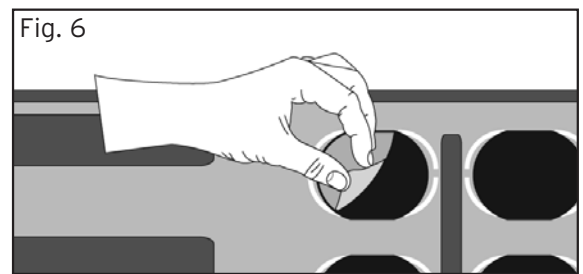
5. Repeat for the other 3 pads.

6. Pads should follow pad guidelines on garment.

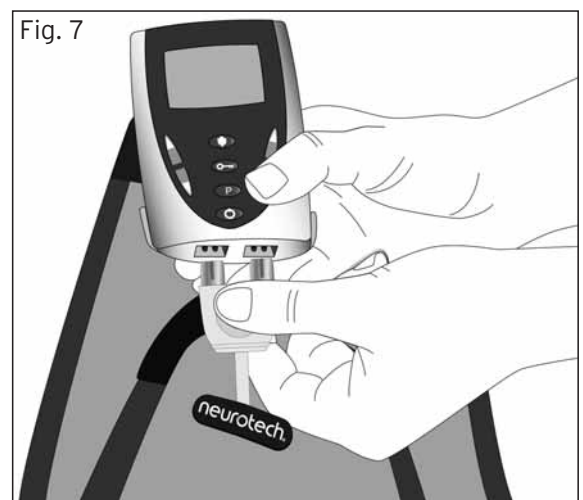
Fig. 5



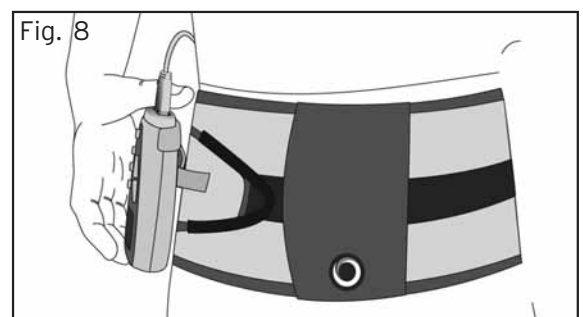
7. Remove pad covers from black side of pad, from all 4 electrodes before putting on the belt for use with stimulation  
**Note:** To put on belt please refer to Instructions for Use in BAXOLVE XP® lumbar support manual. Fig. 6



8. Hold connector between finger & thumb. Ensure logo on the connector is facing up.  
9. Attach unit to connector. Refer to manual for unit type. Fig. 7  
10. To begin stimulation please refer to Unit manual.



11. Place unit in belt clip provided as shown. Fig. 8



**Notice: When using a BAXOLVE XP® lumbar-support belt in combination with a EMS or Tens unit.**

Ensure that the lumbar support belt has a secure fit. Only then the contact between the electrodes and the skin is guaranteed. The external support belt can be used to increase the tension.

**Please note the following points:**

- When connecting adhesive pads to the belt , the metal stud should be inserted completely into the connector on the belt.
- Only use leads and adhesive pads recommended for use by the manufacturer.
- Do not use BAXOLVE XP® belt with a TENS/EMS unit if wet.